

## Bowman Bay Expedition Parent Information Letter

EAS will host a 5-day/4-night all staff and student expedition to **Bowman Bay Campground at Deception Pass State Park**. We will depart from EAS at **8:30 a.m. on Monday, June 3** and return to EAS by **2:30 p.m. on Friday, June 7**. Bowman Bay is located on the south tip of Fidalgo Island on Deception Pass. Students will pay \$75 each to cover food costs for the 5 days. Students will be transported to and from Bowman Bay via private car (approved volunteers). For this expedition, all students will depart from and return to EAS.

### The purposes of the Bowman Bay Expedition are:

- ♣ Community building and team work
- ♣ Environmental studies: Forest; Oceanography; Marine Biology
- ♣ Service learning through a stewardship project with State Park Staff
- ♣ Fitness and outdoor recreational skill development

The **Bowman Bay Expedition staff will include** one adult for every four students. Adult positions include:

- 5 teachers
- 1 substitute teacher
- 20 parent and community volunteers for activity support and tent supervision
- 6 parent volunteers as kitchen crew

### Activities at camp from Monday through Friday will include activities such as:

- |                  |                                  |                      |
|------------------|----------------------------------|----------------------|
| ♣ Marine Science | ♣ Service Project                | ♣ Crafts             |
| ♣ Orienteering   | ♣ Challenge and initiative games | ♣ Drama              |
| ♣ Sailing        | ♣ Ethnobotany                    | ♣ Outdoor cooking    |
| ♣ Oceanography   | ♣ Pioneering                     | ♣ Campfire and skits |

**Meals:** Students will bring a sack lunch for the first day. All other meals will be provided. There will be non-meat foods served at meal times to meet the needs of vegetarian students. ***Please Note:*** If your child has any specific dietary needs or restrictions (vegetarian, gluten free, kosher, allergies), please indicate this on the Permission Form and provide detailed **written** information to the EAS office by May 22<sup>nd</sup>. Certain dietary conditions may require you to supply the necessary items for this expedition.

**Medication:** If your child will require medication (prescription or over-the-counter) during this expedition, we must have a completed *Authorization for Administration of Medication* form completed (signed by physician and parent). A separate form is required for each medication. If there has been no change in your child's medications since Spring Trips, we can use the forms already on file. If your child has new medications or his/her prescription has changed, a new form must be completed (one for each new/changed med). ***We must have all completed forms and necessary medications turned in to the office by May 22<sup>nd</sup>*** to allow sufficient time for review by our district nurse.

### Attachments:

- Bowman Bay Itinerary
- Packing / Equipment List
- Parent Field Trip Informed Consent Form (Permission Form)

### To be completed and turned in to the EAS office by May 22<sup>nd</sup>:

- Parent Field Trip Informed Consent Form (Permission Form)
- \$75 food fee (please make check payable to "EAS")
- All trip medications and related *Authorization for Administration of Medication* forms.

In case of emergency, contact the Bowman Bay Ranger 360-675-2417 x31