



Environmental & Adventure School Bulletin

Friday, April 19, 2019

Important Reminder Regarding Spring Trip Medications

Many students have been approved to self-carry their personal medications for Spring Trips. If you are one of these students or the parent of one, this is your reminder to be sure that your medication is packed. Please also be reminded that no medications (prescription or over the counter meds) should be packed that have not been approved by our district nurse. Thank you!

Only 10 days left to order...

Get Your EAS SpiritWear! – order deadline is April 29th

Miss getting your EAS spiritwear last fall? Destroyed your favorite EAS hoodie or tshirt while you were out adventuring on Spring Break? Love your spiritwear so much that you want to outfit your entire family in every color? We can help! We have opened up a second run of some of the items that were offered for sale earlier this year. T-shirts are \$18.16 and pullover hoodies are \$25.81... however, if our order exceeds 75 items, the prices drop for everyone! Full item descriptions, color options, and pricing are outlined in the Kotis iBuy link below. All orders must be placed and paid for via this link. **Order deadline is Monday, April 29th** before midnight. Spiritwear will be delivered by the 3rd week of May, well in time to rock that gear at Bowman Bay the first week of June. Don't wait. Order now.

Click this link to order: kotisibuy.com/eas-spiritwear

Previous announcements...

No Dr. Who Club this week

There will be no Doctor Who Club on Friday 4/19. See you after spring trips!

Welcome to EHS Pack Night Tuesday, April 30, 2019, 6:00 – 8:00 pm

Attention all incoming 9th graders and their families. Eastlake HS would like to formally invite you and your entire family to the annual Eastlake High School 'Welcome to the Pack' night event on Tuesday, April 30th from 6-8 pm. This is an opportunity for us to gather as a community and celebrate the spirit and culture of Eastlake, showcase many of the amazing aspects of our school, and help prepare our incoming class of 9th graders to be more familiar with Eastlake High School. There will be performances from our band, choir, orchestra and drama students in the theater. Our mascot, with the support from our cheer and dance teams, will be welcoming everyone. Guided tours will be given throughout the evening. Information will be available on the many clubs, electives and athletic opportunities provided here at Eastlake HS. There will be teachers representing their department available for questions and sharing the fine work they do. The student store will be open and in full operation as families begin to increase their Eastlake gear (please have cash or a check, checks need to be made out to EHS). Please join the Eastlake staff on April 30th as we celebrate this amazing school we call home and welcome next year's 9th grade class, the soon-to-be graduates of 2023. We hope you're able to attend and begin to feel what it's like to be Wolf Strong Pack Strong.

Volunteer Opportunity

Parent Volunteers needed for Bowman Bay June 3-7

Hey Parents of EAS students. This June 3-7th we are heading to Bowman Bay for our final outing/ adventure educational trip. It is at this time that I make a request for parent involvement/chaperones for this final camp of the year. Not only is this an outstanding volunteer opportunity (need more hours?), it is a chance to engage with the EAS students at their best and to gain some insight on this middle school age and possibly your own child.

Here is a listing of what is available to you for this coming adventure ed outing: [click here for details](#)

Summer Canoe Trip – just 3 spots left

Dear EAS families, there are 3 spots left for the current EAS student canoe trip June 30-July 4. Both the previously offered Ross Lake hike and the alumni canoe trip are now filled. Please contact **John Hamilton** (jhamilton@lwsd.org) for more information if you have any interest in this summer adventure opportunity.

EAS Calendar Update

Based on the LWSD calendar revisions due to snow days, the following changes have been made to our EAS calendar:

- Wednesday, May 1st and Wednesday, May 8th – Full school days: Normal Wednesday Electives with students returning to EAS for Xello career-investigation lessons and end-of-year project work.
- Friday, May 24th and Tuesday, May 28th: Full school days with normal daily schedule
- Monday, June 17th: EAS Celebration of Learning (unchanged)
- Tuesday, June 18th: 8th Grade Graduation (unchanged)
- Wednesday, June 19th: Full day of school (8th graders excused) – activities TBD
- Thursday, June 20th: Last day of school (half day)

8th Grade After-Graduation Party to carry on as originally planned!

8th Graders, be sure to mark your calendars for "A Grand Adventure Awaits" 8th Grade Party, which will carry on as originally planned - **Tuesday, June 18** from **12:30 pm to 9:15 pm**. More details to come...

Quick Links

The quick links below are included in every edition of the EAS News Bulletin. Both can also be accessed at any time on the homepage of the [EAS website](#).

[Submit Volunteer Hours](#)

Use this link to submit volunteer hours for the current school year. Feel free to combine and submit multiple volunteer activities in one entry.

[Amazon Associates](#)

Any purchases made through Amazon.com via this link will generate a 4% rebate back to EAS PTO. All funds generated through the Amazon Associates link will be used for programs that benefit all EAS students.

Non-discrimination statement:

The Lake Washington School District does not discriminate on the basis of race, color, national origin, sex, disability, age, gender, marital status, creed, religion, honorably discharged veteran, military status, sexual orientation including gender expression or identity, the presence of any sensory, mental or physical disability, or the use of a trained guide dog or service animal by a person with a disability, in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

Volunteer Needs for Bowman Bay

1. **I need 12-18 parents to run or assist in running a rotation for the four full days at camp.** There will be some EAS alumni that will be coming to help and/ or run a few of our rotations as well. (Rotations are 2 hour long classes that you teach 8 times over the course of the week). If you have any ideas to lead an activity then please send in what it is you would like to propose. Here are some of the rotations we have done in the past (and continue to do...) to help you figure out where you might be of assistance:
 - a. pioneering- creating large wooden structures with the kids- think catapults and log bridges
 - b. crafts- we have had many of varying topics over the years
 - c. grilling- teaching the kids about the art of grilling (may already be claimed by Rick McManus, but who knows....)
 - d. kite making- build and fly your own amazingly cool kite from scratch
 - e. sailing (only one to two adults needed) assisting aboard our hired sailing vessels and running program aboard said vessel.
 - f. initiatives: creating and hosting games, challenges and whatnot to students
 - g. stewardship: Hands on activities that help the state park.
 - h. dutch oven; give them that old style cooking technique.
 - i. beach games/ Athletics/ other full body infused activities... your imagination is your only limitation....
 - j. Other ideas: work up a program or copy already used ideas of these rotations that we have used in past years; navigation, marine biology, hiking and sketching, felting and soap making, fire starting and camping skills, carving, traditional field games, geography/geology, NW native histories, drama, dance, and more...

2. I need **One head kitchen cook and three assistants:** Traditionally we have three camps at BB to help feed the masses while we camp there. Each camp is directed by one or two of the EAS teachers, and supported by the parents, alumni and most important a head cook. In addition to the head cook job, three assistants that help run some of the rotational activities during the day, also are part of their camps kitchen to assist the main cook.

What to do: If you are interested in being up at BB for the week, then I would like you to contact me in the next couple of days or so stating whether you would like to

- a. run a rotation (give idea(s))- I am available to help you plan your lesson!
- b. assist in a rotation (list skills if you have a preference)
- c. assist in a rotation but also help as assistant cook
- d. or be my third head cook of one of the camps

If you are unable to be there for a full week, I would ask that you partner up with a fellow EAS parent to split the week with them. If you are unsure of who to contact to split the week, then tell me if you are available from M-W or W-F and I will work on pairing you up.

If you are only interested in driving to and from BB: Laura Bartoletti will be asking for some parents to help get us to and from Bowman Bay (an hour and 15 min north of EAS)- She will be in touch in a month or two with requests to help transport students. No need to reply here if this is all you can do.

Cheers to all of you and for all of your work this year to make this an amazing place for our students and campers.

John Hamilton
Expedition Leader